Dear Community Members,

It has been a great pleasure to see how all the children have settled beautifully into the school year. When I have wandered around the classrooms it has been great to see the students working hard and getting into the new routine of their classroom.

2016 is the first full year that we have our new uniform. We take great pride in our uniform and we insist that it is worn correctly. If you have any questions please do not hesitate to contact your class teacher, Casey or me.

Kindergarten

Today was the first day that all Kindergarten students attended class together. They have settled in very well and we are very proud and privileged that they are at our fabulous school. The students in Kindergarten are: Liliana Bone, Aarush Cheppalli, Mia Davies, Adele Dobson, Bella Dukes, Sebastian Fenton, Ella Fewkes, Rafael Fuentes, Henry Fulton, Rishi Girish, Noah Harley-Hill, Genevieve Holloway, Anup Khatiwada, Jameela Kur, Zac Littleton, Gabriele Lufi, Carmela Mampieri, Hayley Rubenach, Zalee Schlie, Lucas Shott, Rohan Singh, Ashika Stanfield, Kohdi Thomas, Isabelle Hurd, Jonievis Kamara, Stella Leggett, Elliot Lethborg, Oprah Nseka, Lulu Oxley and Phoebe Sewell.

Uniform – House Coloured Tops

This year it is compulsory to wear Immaculate Heart of Mary House Tops (Young - red, Donohue - green or Dillon - yellow). These shirts can be purchased from the Uniform Shop for $25.00. The students are able to wear their PE uniform with their House coloured tops every Wednesday throughout the year.

Welcome Mass – Thursday 18 February 10am.

We will be holding our Welcome Mass in the school hall at 10am on Thursday 18th February. At this Mass the Year 6 captains will be presented with their badges and all Year 6’s commissioned in as our leaders. It would be lovely to see as many parents and families present at this Mass.

Welcome BBQ – Friday 19 February (5.30pm to 8.00pm)

Our excellent Welcome BBQ has been booked for Friday 19th February. This a brilliant community builder and is usually well attended. It is a great way to welcome and introduce ourselves to new members of the school community. I encourage everyone to attend. This year there will be a jumping castle, face painting and a circus entertainment.

Paperless Newsletters

Immaculate Heart of Mary Catholic School sends out information to parents via an email link (Newsletter, etc.). This allows us to save vital resources and enable us to place the money from this into other worthy programs.

We are well aware that some people do not have web access. Families who require a hardcopy (paper form) will be able to collect these from the school office. This information will still be available on the school web page and our School App.

If you have a new email address or you are a new family to our school, please contact Casey in the Office so we can update our database.

* We have sent you a hard copy for this first newsletter only *
Swimming Carnival
Our Annual Swimming Carnival will be held on Monday 22nd February for all students from Prep to Grade 6. Important information will be handed out to students tomorrow in regard to this. I encourage students to please return these forms ASAP. This should be a fun and entertaining day.

Parking
A reminder about car parking at drop off and pick up time. Firstly, regarding the small car park behind the Dillon Building (Grade 5 & 6 classroom) and the hall - children and parents walk through this area from 8.30am and after 3pm. To prevent any incidents this car park is to be a staff car park only with the exception of those with a disability permit (please come to the office to arrange this).

Also, if you collect your children from McCann Crescent, Edge Avenue or Pottery Road please take note of the street signs. There are clearly marked yellow lines and No Parking and Bus Zone signs that we all need to be aware of. These signs are positioned to help with the flow of traffic and safety of our children. We thank the families who already adhere to school safety requirements.

Ash Wednesday
Yesterday was Ash Wednesday and we held a special Liturgy in the Hall for all students (Prep to 6). All students received an ashes cross mark on their forehead to symbolise the beginning of Lent.

The ashes are made from the blessed palms left over from the Palm Sunday celebration of the previous year. These ashes are ‘christened’ with holy water and are scented by exposure to incense. Whilst the ashes symbolise penance and contrition, they are also a reminder that God is gracious and understanding to those who are of goodwill.

As we all know, Jesus retreated into the desert for forty days to prepare for His ministry. It was for Him a time of reflection and contemplation. For us, to pass time in the desert means to find occasions when we create a little emptiness and silence around us, rediscover the road to our heart, remove ourselves from the noise of external distractions, enter into contact with the deepest source of our being and faith.

During this time we also raise money for Project Compassion. All families will receive a Project Compassion Box to raise funds for this cause.

Late Pass – after 8.45am
In 2016 we will continue to track student’s arrivals at school. A reminder to all parents and students that if your child arrives after the morning bell at 8.45am they will be required to collect a “Late Pass” from the Office and then give it to their teacher. The teacher will then record this on the weekly attendance sheet.

If your child is absent or sick from school then it is a requirement that the school is notified. Daily attendance will be taken around 9.05am and parents of absent students who have not notified their class teacher or the Office will be phoned around 9.30am. We take the education and safety of the students very seriously and this will assist us in this.

Working with Vulnerable People Check
I remind all parents who volunteer for parent help, coach a sports team, P&F member, Board member are required by Tasmanian legislation to have “Working With Children Check”. Parents and visitors who do not have this check will not be allowed to participate in child related activities (e.g. go on an excursion, work in the classrooms, help in the canteen, etc. The cost for the individual is $17.06 for three-year registration.

The website for more information is:

Take care and God bless

Mr Nick McGann
Principal
2015 was a great success for the parents and friends committee starting off the year with three new members.
We had a number of fantastic events ranging from Palm Sunday BBQ, 2 discos, 4 cake stalls, Mother’s Day stall, Easter Raffle, Krispy Kreme donuts, Father’s Day stall, Quiz night and end of year BBQ.
With the money raised we have managed to set up a brand new canteen with tasty menus, installed turf outside the library, and we will soon be installing new water fountains around the school.

A big thank you goes out to all our wonderful volunteers who we constantly rely on to make every event successful.

A special mention goes out to Claire Priest, Leeanne Welsh and Helen Glassick for their ongoing support throughout a busy year with so many illnesses within my family, I was thankful to have everyone’s support when I couldn’t be there, especially with all their dedication and commitment within the canteen as well. Well done Ladies.

We have boxes of Cadbury Fundraiser Chocolates available to sell at your workplace. We would really appreciate your support in selling these as this is one of our ongoing and successful fundraisers every year. Please register your interest with the office.

P&F AGM Meeting - 22nd February 7pm. This is a great opportunity to come along and meet other parents and members around the school and plan the years events together. We would love to see new faces and if you would like to apply to be part of the executive/committee and become a P&F member or even just be there to support everyone, we would love to see you.

Events to add to your calendar:
Welcome BBQ 19th February
P&F AGM Meeting - 22nd February
Hot Cross Bun Fundraiser TBC
Easter raffle donations Due: Thursday 17th March & Raffle Drawn Wednesday 23rd March
Cake stall 22nd March

Thanks again for all the wonderful assistance from our volunteers and support from all the P&F Executive members we wouldn’t of had such a successful year. I look forward to working with everyone and making 2016 a year to remember.

Samantha Ransley
President P&F
St Vincent de Paul Society (Vinnies) is seeking volunteers (18+) to reach out to people in your local area who are in need of Emergency Relief assistance and basic home budgeting support. All training will be provided.

Do you:
- Have a few hours spare per fortnight?
- Want to make a difference?
- Have empathy and compassion for people in need?

For all enquiries please contact State Membership Manager, Melissa White on 63 330822, or melissa.white@vinniestas.org.au

“The St Vincent de Paul Society is a lay Catholic organisation that aspires to live the gospel message by serving Christ in the poor with love, respect, justice, hope and joy, and by working to shape a more just and compassionate society”

---

**CALENDAR OF EVENTS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 18th Feb</td>
<td>Welcome Mass 10am</td>
</tr>
<tr>
<td>Thursday 18th Feb</td>
<td>Canteen Re-opens</td>
</tr>
<tr>
<td>Friday 19th Feb</td>
<td>Welcome BBQ 5.30 – 8pm</td>
</tr>
<tr>
<td>Monday 22nd Feb</td>
<td>Swimming Carnival 9.30am – 2.30pm</td>
</tr>
<tr>
<td>Monday 22nd Feb</td>
<td>P &amp; F AGM 7pm</td>
</tr>
<tr>
<td>Tuesday 23rd Feb</td>
<td>G5/6 Parent Info Evening for prospective SHC parents 6.30pm</td>
</tr>
<tr>
<td>Friday 26th Feb</td>
<td>TMAG Excursion – selected students</td>
</tr>
<tr>
<td>Wednesday 2nd Mar</td>
<td>Assembly – G1, G3 &amp; G5 to share - 1.45pm</td>
</tr>
<tr>
<td>Thursday 3rd Mar</td>
<td>Commencement Event</td>
</tr>
<tr>
<td>Monday 7th Mar</td>
<td>STCPSSA Swimming Carnival – selected students</td>
</tr>
<tr>
<td>Monday 14th Mar</td>
<td>Eight Hour Day Public Holiday</td>
</tr>
<tr>
<td>Wed 16th – Friday</td>
<td>Grade 4 Camp</td>
</tr>
<tr>
<td>Tuesday 22nd Mar</td>
<td>Parent/Teacher Night</td>
</tr>
<tr>
<td>Tuesday 22nd Mar</td>
<td>P &amp; F Cake Stall</td>
</tr>
<tr>
<td>Wednesday 23rd Mar</td>
<td>Assembly – P, G2, G4 &amp; G6 to share - 1.45pm (Easter Raffle)</td>
</tr>
<tr>
<td>Wednesday 23rd Mar</td>
<td>Parent/Teacher Night</td>
</tr>
<tr>
<td>Friday 25th Mar</td>
<td>Good Friday Public Holiday</td>
</tr>
<tr>
<td>Monday 28th Mar</td>
<td>Easter Monday Public Holiday</td>
</tr>
<tr>
<td>Tuesday 29th Mar</td>
<td>Easter Tuesday Public Holiday</td>
</tr>
<tr>
<td>Tuesday 5th Apr</td>
<td>Music Assembly – 1.40pm</td>
</tr>
<tr>
<td>Thursday 7th Apr</td>
<td>Awards Assembly 9am</td>
</tr>
<tr>
<td>Friday 8th Apr</td>
<td>Final Day Term 1</td>
</tr>
<tr>
<td>Tuesday 26th Apr</td>
<td>Term 2 begins</td>
</tr>
</tbody>
</table>

**SUBWAY DATES TO FOLLOW**
Immaculate Heart of Mary Catholic School
Parents and Friends
Annual General Meeting

Monday 22\textsuperscript{nd} February 2016
7.00 pm – Dillon Building

Dear Parents/Grandparents/Guardians:

You are invited to attend the Annual General Meeting of the Parents and Friends Committee. This meeting will see the election of the Executive Members (President, Vice President, Secretary and Treasurer).

The AGM will be followed by a General Meeting.

\textbf{Agenda - Annual General Meeting}

- Opening Prayer
- Welcome & Apologies
- Minutes & Business
- Arising
- Reports
- Principal
- President
- Treasurer
- Election of Executive
  - President
  - Vice President
  - Secretary
  - Treasurer
- Close

\textbf{Agenda - General Meeting}

- Welcome & Apologies
- Minutes & Business
- Arising
- Correspondence
- Calendar of events
- Next Meeting
- Close
The Parent’s And Friends Committee of Immaculate Heart consists of a happy group of parents, grandparents, carers and friends who all have the common goal of assisting to create our close and supportive school community.

Our main aim is to help the school to create opportunities to for students, families, staff and friends to get together and get to know each other. We would like to provide the students of Immaculate Heart and their families with every opportunity to be a part of this community and therefore feel included, needed, supported and valued. Immaculate Heart will deliver the best education they can for our children but they need us to assist them in building up the strong community which will help our children to feel that they belong to a strong, caring school community.

Our secondary aim is to raise funds during our community building events which will provide valuable resources and extra opportunities for all our students.

Our AGM will be held on Monday 22nd February 2016. At this AGM all positions for the Executive of the Parents and Friends Committee will be vacant and new office bearers will be elected at this meeting. These positions are not as daunting as they may seem. Please consider carefully the possibility of taking on one of these roles for 2015. All nominations for Office bearers must be sent in to the Campus office. All nominees must sign the nomination form to acknowledge the nomination and nominees must be present at the AGM.

.................................................................

**NOMINATION FOR EXECUTIVE POSITIONS 2016**

I, ................................................................. would like to nominate

................................................................. for the position of ...........................................

SIGNATURE OF NOMINATOR .................................................................

I, ................................................................. accept the nomination for the above position.

SIGNATURE OF NOMINEE .................................................................
YOU ARE INVITED TO
THE IHMCS WELCOME BARBEQUE

Friday 19th February from 5:30 to 8:00
Come and join us for this annual family event
and meet other members of the school community

A special welcome to new families

MENU

Sausages $2.00  Juice $1.00
Hamburgers $3.00  Soft Drink $2.00
Vegie Burgers $3.00  Water $1.00
Salad $3.00  Beer $5.00
Meat & Salad Plate $5.00  Wine $5.00
Family Cheese Platter $10.00  Cake Slices $2.50

There will be a jumping castle and the Social Circus for entertainment

We will also have face painting and tattooing for $3.00 each

Your RSVP would be appreciated for catering purposes

Please complete and return to the office by Tuesday 16th February

Attendance Slip

Family Name: ___________________  Child’s Class/es: ____________
Number of People attending: Adults ________  Children ___________

Please let us know if you are able to assist in any way and indicate your preference below

☐ Set up  ☐ Cooking  ☐ Drinks serving  ☐ Food serving  ☐ Supervise entertainment

Any offers of help would be greatly appreciated.

Name: ____________________________  Phone: ____________________

Email: _______________________________________________________

Thank you

IHMCS PARENTS AND FRIENDS
Donations please

IHMCS P & F are holding an

EASTER RAFFLE

A donation of an Easter egg to make up the prizes would be appreciated.

Please send your Easter egg to the school office by Thursday 17th March

Proceeds from the raffle will go towards installing an awning on the school canteen

The raffle will be drawn at assembly on Wednesday 23rd March

Tickets available at the school office

$2 each or 3 for $5
Canteen Menu & Information Term 1

The Canteen will be offering a range of freshly prepared and nutritious foods – all food will be prepared on site on Thursday mornings and made to order.

Safety and Nutrition

- All volunteers can undergo a Food Safety Handling course. This is a free online course, information on the course is available from the Canteen Managers.
- All volunteers are required to obtain a Working with Vulnerable Children check as required by law. Information for this can be obtained from the School Office.
- We are a Silver accredited Canteen, meeting four criteria determined by the Tasmanian School Canteen Association.
- We develop our menu around local, fresh, seasonal produce and low fat dairy products are used.
- We have a great Canteen kitchen which meets all Council Health Requirements.
- We are keen to provide yummy, healthy, affordable food to every child. Please talk to the Canteen Managers (Samantha Ransley & Leeanne Welsh) to help make this happen.
- Food intolerances, allergies and cultural customs are all important in the planning of the Canteen menu.

About the Menu

- The menu will change slightly each term to accommodate the seasons. For example, during summer we will offer sushi and salads and during the colder winter months, soups are made to order. We aim to offer vegetarian and meat based dishes.
- The menu is designed to incorporate fresh, seasonal local and healthy choices.

How do I order?

- Orders must be printed clearly on a brown paper bag with your child’s name, class and order from the menu with the money inside the bag. If a bag is not supplied a change of 10¢ will apply.
- Change will be returned in the same manner.
- Orders must be left in your child’s classroom on Wednesday morning.
- Snacks and ice-creams must be ordered over the counter at lunch time.
- Food is made to order on Thursday morning and delivered to your child’s class room at lunchtime.
- No late orders will be accepted – due to the requirement of fresh produce
- DO NOT place sticky tape or staples to bags please – it becomes a problem with your child’s bags.

Volunteers

Volunteers run the Canteen on a roster basis. If you are interested in helping out for an hour or up to four hours one day a term, please return the volunteer slip and you will be notified of dates and times.

The Tasmanian School Canteen Association uses the ‘traffic light system’ to categorize foods and drinks. Immaculate Heart follows this system as part of our Silver accreditation.

GREEN Healthy choice every day foods
AMBER Higher in energy, fats and salts. Select carefully
Red We only have a small amount of these items
CANTEEN HELP WANTED

To ensure the canteen can open each week we are asking for volunteers to assist with making and packing lunches on Thursdays (from around 11:30).

We will also require at least one volunteer for over the counter sales each week.

If you are interested, please fill out the form below and return to the school office, to enable a roster to be drawn up for term 1.

➢ All volunteers are required to obtain a Working with Vulnerable Children check as required by law. Information for this can be obtained from the School Office.

Thank you

CANTEEN VOLUNTEER RETURN FORM

Name:______________________________________________________

Contact number/email:________________________________________

Please circle

I am able to: Make and pack lunches Over the counter sales Both

I am available: Once a fortnight Once a month Once a term

Dates available: ______________________________________________
Term 1 Menu
For Kinder & Prep

The Canteen is open for over the counter sales of snacks, Drinks & Ice-creams between 1:10-1:45 every Thursday for Prep students.

Kinder Students are now able to arrive at 12.30pm before everyone else to get some treats.

Our cheese, milk, mayonnaise & salad dressings are all low fat.

Snacks

Jelly Cup $0.50
Corn on the cob $0.50
Yoghurt frogs – max of 5 $1.00
Vege chips – salt & vinegar or BBQ cheese
Fruit bowl selection $0.50
Fruit Kebabs $1.00
Boiled egg $0.50
Fresh Fruit Muffin $1.00
Freddo Frog Faces – max of 5 $1.00

Hot Food

Sausage Rolls $1.30
Party Pies $1.30
Fish Fingers – min of 2 $0.70
*Chicken Breast Nuggets – min of 2 $3.50
*Chicken Breast Burger with Lettuce, Tomato, Cucumber, & Cheese – choice of Mayo, Butter, BBQ or Tomato Sauce $3.50
Veggie Burger with Lettuce, Tomato, Cucumber, & Cheese – choice of Mayo, Butter, BBQ or Tomato Sauce $3.50
Toasted Sandwiches with a choice of 2x fillings (extra fillings .30 each) Ham, Chicken, Cheese, Pineapple, Capsicum, Tomato, Mushroom, or Onion $2.50

Salads

*Wrap, Roll, Sandwich or Bowl Shredded Chicken Breast, Ham or Tuna $3.50
Salad only - No meat $3.00
Italian Dressing or Mayo available for Salad Bowl.
Filling Lettuce, Tomato, Cucumber, Carrot, Red Capsicum, Cheese & Mayo.
(extra fillings .30 each - beetroot, celery, mushroom or sliced egg)

Drinks

*Fruit drink bags – Summer
Triscuits, Apple, Oranges or apple & Blackcurrant
Bottled water
Nippys Flavoured Milk 250ml – Chocolate, Strawberry & Honeycomb

Sushi

Prawn – Prawn Cucumber, Mayo $3.00
Vegetarian – Avocado $3.00
California – Crab, Avocado, Mayo, Cucumber $3.00
Tuna – Cooked Tuna, Corn, Carrot, Cucumber $3.00
Chicken Teriyaki – Chicken, Cucumber, Carrot $3.00
*Choice of Soy Sauce or Wasabi Sauce
* Supplied fresh from Sushimatic

Ice-creams

Berri quench fruit sticks $0.50
Paddle pop – Banana, Chocolate & Rainbow $1.20
Frozen Yoghurt – Strawberry & Raspberry $1.60

Meal Deals

Meal Deal #1 – 4x Chicken Nuggets or 5 fish fingers, Sauce, Nippys Flavoured Milk & a piece of fruit $4.00
Meal Deal #2 – Sushi, Fruit Bag Drink & Piece of Fruit $4.50
Meal Deal #3 – Salad wrap, Sandwich, Roll or Salad Bowl, Fruit Bag Drink & Piece of Fruit $5.00

Many of the items on our menu are home made from fresh produce, these items are highlighted with *

Free sauce provided for hot food, please specify BBQ, or Tomato.
Term 1 Menu

For Grades 1 - 6

The Canteen is open for over the counter sales of snacks, drinks & Ice-creams between 1:10 - 1:45 every Thursday.

Immaculate Heart of Mary Catholic School is a Silver Accredited Canteen and complies with the Tasmanian Canteen Association.

Our cheese, milk, mayonnaise & salad dressings are all low fat.

Snacks

Jelly Cup \nCorn on the cob \nYoghurt frogs – max of 5 \nVegetable chips – Salt & vinegar or BBQ cheese \nFruit bowl selection \nFruit Kebabs \nBoiled egg \nFresh Fruit Muffin \nFreddo Frog Faces – max of 5

Hot Food

Sausage Rolls \nParty Pies \nFish Fingers – min of 2 \n*Chicken Breast Nuggets – min of 2 \n*Chicken Breast Burger with Lettuce, Tomato, Cucumber, & Cheese – choice of Mayo, Butter, BBQ or Tomato Sauce \nVegetarian Burger with Lettuce, Tomato, Cucumber, & Cheese – choice of Mayo, Butter, BBQ or Tomato Sauce \nToasted Sandwiches with a choice of 2x fillings (extra fillings .30c each) Ham, Chicken, Cheese, Pineapple, Capsicum, Tomato, Mushroom, or Onion

Prawn – Prawn Cucumber, Mayo \nVegetarian - Avocado \nCalifornian – Crab, Avocado, Mayo, Cucumber \nTuna – Cooked Tuna, Corn, Carrot, Cucumber \nChicken Teriyaki – Chicken, Cucumber, Carrot

*Choice of Soy Sauce or Wasabi Sauce
* Supplied fresh from Sushimatic

Salads

*Wrap, Roll, Sandwich or Bowl
Shredded Chicken Breast, Ham or Tuna Salad only - No meat
Italian Dressing or Mayo available for Salad Bowl.
Filling Lettuce, Tomato, Cucumber, Carrot, Red Capsicum, Cheese & Mayo.
(extra fillings .30c each - beetroot, celery, mushroom or sliced egg)

Ice-creams

Berri quench fruit sticks \nPaddle pop – Banana, Chocolate & Rainbow \nFrozen Yoghurt – Strawberry & Raspberry

Meals Deals

Meal Deal #1 – 4x Chicken Nuggets or 5 fish fingers, Sauce, Nippys Flavoured Milk & a piece of fruit \nMeal Deal #2 – Sushi, Fruit Bag Drink & Piece of Fruit

Meal Deal #3 – Salad wrap, Sandwich, Roll or Salad Bowl, Fruit Bag Drink & Piece of Fruit

Many of the items on our menu are home made from fresh produce, these items are highlighted with *

Free sauce provided for hot food, please specify BBQ or Tomato.