



IMMACULATE HEART OF MARY CATHOLIC SCHOOL NEWSLETTER

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"Jesus has no body now but mine. He prays through me, works through me, looks through my eyes, speaks to others through my words, works through my hands, walks through my feet and loves through my heart." St Teresa of Avila (1515-82)

Dear community members,

What a great week we have had weather wise and it is only going to get warmer. During times like these we are thankful that all our classrooms have air conditioning (hall, multi-purpose room and library included). It is great to see everyone settled in and working hard in classrooms. I thank the entire community for this wonderful start to 2021.

WHAT IS LENT?

Lent is a time of **prayer** and **penance**, when Christ wants to lead us back to our baptismal promises of dying to sin and of living for God.

WHEN IS LENT?

Lent begins on Ash Wednesday and continues until the afternoon of Holy Thursday. It runs for about 40 days.

WHY 40 DAYS? The "40 days" (not including Sundays) of fasting, prayer, and penitence before Easter reflect Jesus' 40 days in the wilderness.

WHAT SHOULD WE DO DURING LENT?

1. Turn away from our sins and turn back to God. Detach from habits and tendencies that are contrary to God's will. Lent is a time of conversion.

2. Open our hearts to our Father, so that we may live with Christ for God. Jesus is calling us to be people of praise and prayer, and living signs of his love for all.

"This time of fasting opens the gates of heaven to us. Let us welcome it and pray that when Easter comes we may share the joy of the risen Lord."
LENTEN RESPONSORY

Archdiocese of Toronto www.archtoronto.org
Text from Canadian Conference of Catholic Bishops "Living Lent"

Ash Wednesday

Today is Ash Wednesday and we held a special Liturgy in the Hall for students in Grades 3 to 6. All students received an ashes cross mark on their forehead to symbolise the beginning of Lent. I thank Mrs Therese Kelly for her organisation in preparing the Liturgy. During this time, we also raise money for Project Compassion. All families will receive a Project Compassion Box to raise funds for this cause. We will also hold school fundraisers for this.

Kinder/Prep Welcome BBQ

Last Thursday 11 February we held our very first Kinder/Prep Family BBQ at school. It was a very successful evening with many in attendance. I would like to thank all the families who attended and all the fabulous staff for their wonderful support.



Fire Education Program

This week firefighter, Drew Wilkinson, from the Tasmania Fire Service visited our school to present a Home Fire Safety Program to our Prep to Grade 6 students.

The age-appropriate program is designed to raise fire safety awareness in children and includes fun in-class activities, videos, activity books, website www.tfseducation.com.au and giveaways.

Key Fire Safety messages include:

- Wake up - Install a smoke alarm in every bedroom
- Plan and practice a home fire escape plan with the whole family
- In a fire crawl low and go, go, go to the nearest exit
- In an emergency call triple zero
- Keep flammable material at least two metres from the heater
- If your clothes catch fire, stop, drop, rock and roll
- Keep matches and lighters away from children
- Cooking - Turn it off before you turn away
- Cool a burn under cold water for at least 20 minutes
- Most house fires can be avoided. Make your home fire safe

For more information, please visit www.tfseducation.com.au

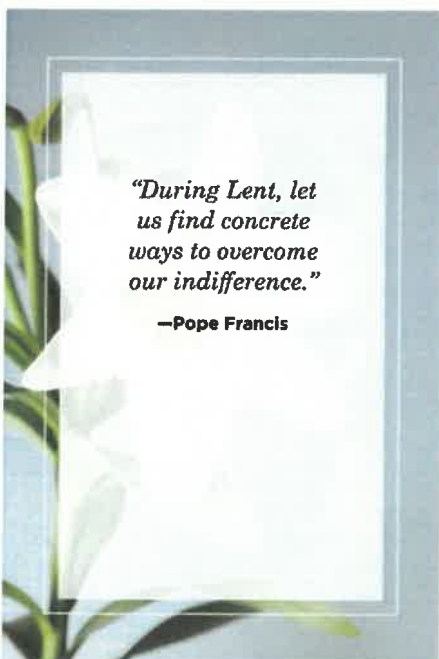
Nurturing Hearts - Birth to 5 Program - Fridays (Pre-Prep students) - 9.00am to 10.30am

Nurturing Hearts has returned to Immaculate Heart of Mary Catholic School in 2020. The sessions will be run in 2021 by Mrs Lucy Brook and Mrs Kathryn Wall. The program offers an encouraging and nurturing environment for parents and carers to actively participate with their children in learning opportunities. A variety of play-based educational activities will be available to support you and your child's learning and curiosity in all areas of development.

I will look forward to meeting some familiar and brand new faces!

Have a great couple of weeks.

Mr Nick McGann
Principal



CALENDAR OF EVENTS	
Thursday 18 February	Drinks available from Canteen (lunch time)
Friday 19 February	Nurturing Hearts 9.00am -10.30am
Wednesday 24 February	Uniform Shop open 2.30pm - 4.00pm
Friday 26 February	Nurturing Hearts 9.00am - 10.30am
Tuesday 2 March	Swimming Carnival (Grades 3 to 6)
Tuesday 2 March	Non-compulsory Parent/Teacher Interviews
Wednesday 3 March	Non-compulsory Parent/Teacher Interviews
Wednesday 3 March	Uniform Shop open 2.30pm - 4.00pm
Friday 4 March	Nurturing Hearts 9.00am - 10.30am