

NEWS from the HEART...



Immaculate Heart of Mary Catholic School

10 McCann Crescent, Lenah Valley

End of Term Wrap - 14 April 2022

I am the resurrection and the life (John 11:25)



Dear Parent and Carers,

This week is Holy Week, a most solemn week in the Catholic tradition commemorating Jesus' last week on earth and the events leading up to His resurrection on Easter Sunday. Throughout the week, our students have had the time, space and place to walk in the footsteps of Jesus, finding real meaning and connection with the message of love and hope within our faith.

As we wrap up Term 1, I would like to extend my deepest gratitude to the staff, parents and most especially the incredible students of Immaculate Heart of Mary Catholic School for the many wonderful events and activities and work that has occurred during Term 1. It has been a challenging term for schools. In our context, negating the many challenges associated with COVID-19 has been only possible with the partnership between home and school. To each and every family, thank you for placing our community's health as a priority and working with us to ensure our school is as safe as possible.

On behalf of the entire school community, I wish everyone a faith filled and family orientated Easter and Term 1 holiday. We look forward to seeing everyone back at school for the commencement of Term 2 on Monday 2nd May.

Happy holidays!

Rachel Kelly - Acting Principal



ANZAC DAY
LEST WE FORGET
25 APRIL

Anzac Day

The Lenah Valley ANZAC Day Service will be held on Monday 25th April, commencing at 9.00am.

Families are welcome to attend, with students invited to represent Immaculate Heart of Mary Catholic School by wearing their school uniform Grades 3-6 (formal uniform) Kinder - Grade 2 (PE Uniform).

- We will be gathering at the the Lenah Valley Primary School Car Park at 8.45am and "marching" to the 9.00am Main Service at the Lenah Valley RSL Cenotaph
- Our School Leaders will be laying a wreath on behalf of the school
- After the 9.00am service, families are welcome to the free BBQ and children's events in the John Turnbull Park



Mother's Day Breakfast: Wednesday 4th May 7.45am - 8.45am

We warmly invite all our mums, grandmothers and special people in our students' lives to join us for a complimentary breakfast in celebration of Mother's Day. To help with catering purposes please complete the RSVP by Monday 2nd May (please note catering is not for students).

<https://forms.gle/2JbAZGK28TM4RzkX9>

Canteen Service - Bambini Bites

We have a change in service provider for our canteen. In Term 2 Bambini Bites will commence our weekly service on Thursday. Bambini Bites will provide recess and lunch orders (not over the counter sales) with menus focused on healthy eating. Bambini Bites has Gold Accreditation with the Tasmanian Canteen Association and most packaging is biodegradable. The new menu is attached and ordering updates will be made available in the first week of Term 2.

Kindergarten 2023

Enrolments for Kindergarten are now open and close on the 6th May. A reminder to existing families that if your child is in Kindergarten 2023 you have a guaranteed place, however, an enrolment form still should be completed and returned to the office.



ENROLMENTS FOR KINDERGARTEN IN 2023 ARE NOW OPEN!

IF YOUR CHILD WAS BORN IN 2018,
WE WOULD LOVE TO WELCOME THEM
INTO OUR KINDERGARTEN IN 2023.

Please visit our School Office to collect an Enrolment Pack, or call 6228 3335 to arrange a guided tour.
Applications close **Friday 6th May 2022.**

Calendar of Events	
Monday 25 th April	ANZAC DAY MARCH – meet at Lenah Valley Primary at 8.45am
Monday 2 nd May	FIRST DAY TERM 2
Monday 2 nd May	RSVP's due for Mother's Day Breakfast
Wednesday 4 th May	Mother's Day Breakfast 7.45am – 8.45am
Wednesday 4 th May	Uniform Shop open 2.30pm – 4.00pm
Wednesday 4 th May	Canteen orders due on QKR by 9.00pm for recess & lunch tomorrow
Thursday 5 th May	Canteen Day – no counter sales. Please order on QKR
Friday 6 th May	Nurturing Hearts 9.00am - 10.30am
Friday 6 th May	Kinder 2023 applications due
Saturday 7 th May	Soccer season begins
Wednesday 11 th May	Uniform Shop open 2.30pm - 4.00pm
Wednesday 11 th May	Canteen orders due on QKR by 9.00pm for recess & lunch tomorrow
Thursday 12 th May	Canteen – no counter sales. Please order on QKR
Thursday 12 th May	Grade 4 Class Mass
Friday 13 th May	Nurturing Hearts 9.00am - 10.30am
Friday 13 th May	Grade 3 – 6 Swimming Carnival

RECESS & SNACKS

Daily snacks available at the canteen.

Pizza Muffin (Recess only) \$2.50

Ham, cheese & pineapple

Vego—tomato sauce, spinach, rainbow capsicum and diced tomato topped with cheese

Cheese & vegemite scroll (Recess) \$2.50

Berry & Apple Scroll (Recess only) \$2.50

Homemade Pikelet \$1.00

Fresh Fruit Tubs (GF) \$2.00

Seasonal fresh fruit salad

Fresh Popcorn (GF) \$1.00

Air popped

Banana Muffin \$2.00

Homemade banana muffin

Snack Grazing Pack (GF) \$4.50

Cheese, crackers, dip, veggie sticks & fruit

Bliss Balls Homemade (Nut Free) \$2.50

Apricot Coconut or Chocolate

Vanilla Custard (GF) 150ml \$1.50

Sweet Muffins (GF) \$2.20

Homemade sweet muffin

Choc-berry coconut chia Pod (GF,DF) \$2.50

Homemade chocolate and berry made with coconut milk.

Fruit Jelly (GF) \$1.50

Homemade with 100% fruit juice

Juicy Ice Pop (Lunch only) Full \$1.20

Berri Quelch

Ice-cream in a cone (Lunch only) \$2.20

Plain vanilla ice cream in a wafer cone

Additive and preservative free sprinkles

optional

Canteen Menu



Immaculate Heart of
Mary Catholic School



FUEL FOR SCHOOL TASMANIA
thinking food for kids

FUEL FOR SCHOOL TASMANIA
orders.fuelforschooltasmania@gmail.com

DAILY HOT FOOD

These items are only available at lunchtime.

Grilled Chicken Burger \$5.80

Grilled chicken breast, lettuce, grated carrot, tomato, cheese & mayo

Veggie Burger \$5.80

Veggie burger, lettuce, tomato, grated carrot & mayo

Chicken Wrap \$5.80

Grilled chicken breast, Lettuce, tomato, grated carrot & mayo

Quesadilla \$5.50

Sweet corn, chicken and cheese

Ham, cheese & tomato

Vego—cheese, tomato, spinach & corn

Small Corn Cob (2) \$2.50

Party Pie (Mrs Macs) \$1.60

Chicken Nuggets (5) \$4.50

Add a side salad \$2.00



EXTRAS

Tomato Sauce 0.40

BBQ Sauce 0.40

Salad Dressing 0.40

TOASTED SANDWICHES

These are made on high fibre white bread

Gluten free option available add \$1

Cheese or Ham	\$3.00
Ham and cheese	\$3.50
Cheese and tomato	\$3.50
Ham, cheese and tomato	\$4.00
Chicken and cheese	\$4.00

SANDWICHES & ROLLS (FRESH)

Freshly made sandwiches and rolls

Salad Roll \$5.50

Salad, Chicken, Ham

Salad includes: lettuce, tomato, grated carrot, cucumber, sliced tasty cheese, beetroot, & mayonnaise (optional)

Gluten free option available add \$1

Rainbow Salad Cup (GF) \$5.95

Salad, Chicken, Ham or Tuna

Salad includes: lettuce, diced tomato, grated carrot, diced cucumber, sweet corn kernels & grated cheese

Basic Sandwich or Roll

Add 1 filling \$3.00

Add 2 fillings \$3.50

Add 3 fillings \$4.00

Fillings available include, Vegemite, Cheese, Ham, Chicken and all salad options

Gluten free option available add \$1

DRINKS

Bottled Water 600ml \$2.50

Nippy Flavoured Milk 250ml \$3.00
Chocolate or Strawberry

Nudie Juices 200ml \$2.60

Additive and preservative free

Apple, Tropical or Orange



ALL orders need to be placed online via the QKR app. Orders can be placed online until 9:00pm Wednesday evenings. School Canteen operates every Thursday

Orders are available for recess and lunch. You need to place an order from each separate menu.

Special dietary requirements can be catered for, please come and talk to our friendly canteen staff to discuss your childs requirements, we are always happy to assist where possible to ensure we can accommodate your childs requests so they don't miss out.

DAILY SPECIALS

Sushi

Teriyaki Chicken or vegetarian (per roll) \$4.80

Taco Salad Bowl (GF)

Beef taco mince

\$6.00

Lettuce, diced tomato, diced cucumber, grated carrot, grated cheese. With tomato salsa and corn chips

