

# NEWS from the HEART...

Immaculate Heart of Mary Catholic School

10 McCann Crescent, Lenah Valley

20 September 2023



***"Then Jesus said to them, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty'".***

***John 6:35***



It's hard to believe we are rapidly approaching the end of another epic term at Immaculate Heart of Mary. We extend our heartfelt congratulations to the students who celebrated their First Holy Communion at St. Mary's Cathedral last Sunday. This event was a momentous occasion, and we express our gratitude to Mr Treweek for his invaluable support in guiding these students along this significant step in their faith journey. Congratulations to Rosalinda Fuentes, Alice Gill, Madison Jackman, Jacob Morse, Patrick Morse, Peter Nseka and Samuel Pelham.

## **Junior Joey's PJ Day Fundraiser**

Thank you to everyone who participated in Pyjama Day yesterday. Together we raised over \$330 for the Archbishops Samaritan Fund. A special thank you to our Junior Joeys for all their efforts in preparing and running the day. We would also like to thank Jack and Eli from Bega for the kind donation of milk for our hot chocolates.



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## Play Eat Learn Feedback

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A strategic priority this year is our whole school approach to support positive behaviour and wellbeing priorities. As part of this we have been trialing a 'flipped' model of the school day schedule - play, then eat, then learn. To support our understanding of how this is working for our students, we are seeking parent, student and staff feedback. Next week we will be sending out a feedback form to all parents.

## Anxiety - Parent Workshop

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As part of our schoolwide approach to Wellbeing, at Immaculate Heart we aim to build an emotionally healthy community through science and practice. Over the past years, schools have seen an increase in "anxiety", the most common mental health condition in Australia.

To support our students, families and school to create an environment where students can thrive, Lisa Ford (Clinical Psychologist and founder of The Resilience Co.) will be facilitating student workshops, staff professional development and hosting a parent workshop on **Wednesday 29th November**. Lisa will be providing more detailed information for parents in the coming weeks.

This opportunity to connect our community by working together to nurture resilient children, empowered parents and insightful educators has been funded by the Tasmanian Catholic School Parents Association through the 2023 Parent Engagement Grant Scheme. We are incredibly excited to have the opportunity to work and learn with Lisa. Save the date!

## St John's Catholic Parish Glenorchy

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### SACRAMENTAL PREPARATION – PARENTS' INFORMATION MEETING

Parents of children of St John's Catholic Parish, Glenorchy, who wish to begin preparing for the Sacraments of First Reconciliation, Confirmation and First Eucharist, are invited to attend an information meeting tonight, **Wednesday, 20 September at 7pm**, in the Parish meeting room, 62 Bowden Street, Glenorchy. (Children do not need to attend the meeting.) If you think your child is ready to take this step in their faith journey, please come along to the meeting. For more information contact Marie Aitken (0472 545 919).

## Brixhibition Kids Competition 2023

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We have some amazing Lego creations on display in the office and congratulate all students who entered the Brixhibition Kids Competition this year. Congratulations to our award recipients:

- K - P winner - Tadhg Chivers
- 1 - 2 winner - Ethan Fleming
- 3 - 4 winner - Nate Grygiel
- 5 - 6 winner - Liliana Bone



The overall winner is **Nate Grygiel** who designed an impressive Volcanic Disaster in the Jungle. Nate's entry will be on display at the Brixhibition Show at Sorell during the upcoming school holidays.

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## Grade 4 Camp

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Blessed with glorious weather, our Grade 4 students had an incredible time on camp exploring the Tasman Peninsula last week. The Grade 4 cohort thrived outside of the classroom, supporting each other, and embracing every moment to learn, connect and have fun. Teamwork makes the dream work Grade 4! Many thanks to Mr Jesse Romeo, Mrs Cristy Mahony, Miss Chloe Mead and Mr Don Ryan for your preparation and support.

Our Grade 3 class will be heading off on their first ever school camp tomorrow. A big step Grade 3 - have a wonderful time!



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## IHMS Soccer Wrap 2023

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This year 71 students from Prep to Grade 6 played for Immaculate Heart in the Central Region Junior Soccer competition. Many thanks to our coaches and managers for your commitment and support of all players and congratulations to all players for your participation, growth and teamwork throughout the season.

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## Sports Colours Day

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Immaculate Heart will celebrate Sports Colours Day next Wednesday 27 September. All students are invited to dress up in their favourite sports team colours. Please note: Students do not have to wear licensed sporting gear. Wearing clothes that are the colour of your team is a wonderful and inexpensive exercise. We look forward to celebrating all things sport!

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## Summer Uniform - Term 4

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The changeover to summer uniform will be the first day of Term 4. All students will be required to be in summer uniform by Tuesday 17 October. The summer shirts and blouses are now stocked in the Uniform Store. These can be bought every Wednesday from 2.30pm to 4.00pm.

School hats are a compulsory part of the summer uniform. No hat = no play.

## Uniform Update

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We are currently reviewing the quality of our school trackpants. Throughout next term we will be trialling three different styles. If you are interested in your child testing a pair for us, please email the office. Please note, we only have a limited number to trial (sizes 6, 10 and 14 in each style), so first in best dressed!

## Traffic around McCann Crescent and Edge Avenue

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We kindly request your support in ensuring the safety of our precious students during drop-off and pick-up times. Please be mindful of traffic rules and parking guidelines around the school zone. Your cooperation in adhering to these guidelines is crucial in creating a safe and secure environment for all our students and respecting the residents who live in close proximity to our school.

## Kinder 2024 - Limited Places Available

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Our Kinder 2024 numbers are growing fast but we do still have limited places available. Please direct any family or friends to the office for more information.

## Nurturing Hearts Birth - 4 Years: Fridays 9.00am - 10.30am

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Come along and join Mrs Brook and Mrs Wall for Nurturing Hearts on Friday morning. A wonderful opportunity to explore and connect with members of our community.



## Save the Dates

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Grandparent's / Grandfriend's Day - 25 Oct

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## 2023 Term Dates

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Term 3: Tue 25 Jul 2023 - Fri 29 Sep 2023  
Term 4: Tue 17 Oct 2023 - Thu 14 Dec 2023

**The following dates are STUDENT FREE days:**

Monday 16 October 2023  
Friday 15 December 2023

Please click here for our school calendar: [School Calendar](#)

## 2024 Term Dates - revised (as at 26 July 2023)

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**Term 1: Wed 7 Feb - Thu 11 Apr 2024 (incl. Easter break: Fri 29 March - Tue 2 April)**

Term 2: Mon 29 Apr - Fri 5 Jul 2024

Term 3: Tue 23 Jul - Fri 27 Sep 2024

Term 4: Tue 15 Oct - Wed 18 Dec 2024

### Student Free Days 2024:

Friday 12 April 2024

Monday 22 July 2024

Monday 14 October 2024

Warm regards

Rachel Kelly  
Principal

Calendar of Events	
Wed 20 September	Canteen orders due on QKR by 9.00pm
Thu 21 September	Prep & Grade 1 - Bush School
Thu 21 - Fri 22 Sept	Grade 3 Camp
Thu 21 September	Canteen Day
Fri 22 September	Grade 4 - Class Liturgy
Fri 22 September	Nurturing Hearts 9.00am - 10.30am
Tue 26 September	Kinder & Prep - Jack Jumpers Clinic
Wed 27 September	Grade 2 Bush School 11.00am - 1.00pm
Wed 27 September	End of Term Assembly 1.45pm
Wed 27 September	Uniform shop open 2.30pm - 4.00pm
Wed 27 September	Canteen orders due on QKR by 9.00pm
Thu 28 September	Grades 3 & 4 Bush School 11.00am - 1.00pm
Thu 28 September	Canteen Day
Friday 29 September	Nurturing Hearts 9.00am - 10.30am
<b>Friday 29 September</b>	<b>FINAL DAY OF TERM 3</b>
<b>Tuesday 17 October</b>	<b>FIRST DAY OF TERM 4 - SUMMER UNIFORM + HAT</b>



# Electrical Safety Week

4 - 8 September 2023

## COMPETITIONS

Write a safety story or colour in our safety pictures to WIN great prizes for you AND your school

For full details & to download our competition sheets, visit:  
[www.tasnetworks.com.au/brightsparks](http://www.tasnetworks.com.au/brightsparks)

**\*Entries close 22 Sep 2023**  
**Winners announced 27 Sep 2023**



**WIN PRIZES**

### Bright Sparks

Staying safe around electricity

\*Terms & conditions apply

 Powering a Bright Future



## Guide Dogs TAS




Join an amazing community of volunteers that help **raise Guide Dog pups in training**


Guide Dogs Tasmania is looking for new volunteers to open their hearts and homes to guide Dog puppies in training.

Find out how to join the Puppy Development Volunteer program and help transform lives forever.

[guidedogstas.com.au/getinvolved](http://guidedogstas.com.au/getinvolved)





## COME & TRY ALL-GIRLS NAB AFL AUSKICK



**KICK THE FOOTY, MAKE FRIENDS & HAVE FUN AT OUR ALL-GIRLS NAB AFL AUSKICK COME & TRY DAY!**

**THURSDAY 21 SEPTEMBER**  
**4:00 - 5:00PM, CORNELIAN BAY OVAL**



**RSVP VIA THE QR CODE**  
**MORE INFORMATION? MAGGIE.GOLDSMITH@AFL.COM.AU**



## Volunteer positions available in your area

Available volunteering opportunities include; Meal packing, meal delivery, vehicle and eski cleaning and administrative tasks.

Do you have a few hours to spare Monday to Friday?

All training will be provided.

For further information  
 visit: [mowtas.org.au/get-involved/volunteer/](http://mowtas.org.au/get-involved/volunteer/)  
 email: [volunteers@mowtas.org.au](mailto:volunteers@mowtas.org.au)  
 call: 1800 696 325



**VOLUNTEERS NEEDED**

More than just a meal



# October Holiday Program

Dates: Oct 3,4,5 & 10,11,12

Bookings now open

[naturebeinit.com](http://naturebeinit.com) | 0430 181 925 | [Kara@naturebeinit.com](mailto:Kara@naturebeinit.com)

All programs at Nature. Be in it are run by professional educators and wilderness experts, and have working with vulnerable people cards.



[Kara@naturebeinit.com](mailto:Kara@naturebeinit.com)

0430 181 925



## Nature Holiday Program

October Holidays Oct 3,4,5,10,11,12

Spring is one of the most abundant times to be in nature - everything is blooming and growing, including children's minds and sense of adventure!

For children aged 5 to 11. We provide:



- Whittling
- Nature Explorations
- Tree climbing
- Mud & water play
- Bush Craft
- Using real tools
- Story time
- Cubby building
- Fire by friction
- Hot Chocolate

**When:** Oct 3,4,5 and 10,11,12 | 9am to 3pm Daily | Drop Off

**Where:** The Lea Scout Camp, between Hobart and Kingston

**Ratios:** Max. 1 educator to 15 children (often smaller)

**Cost:** \$110 inc. gst (discounts for siblings & 3 bookings on any days)



**Bookings essential:** [www.naturebeinit.com/booking](http://www.naturebeinit.com/booking)

### Who are we?

Nature. Be in it. is hosted by Kara Spence who is a senior Teacher, Forest School Level 3 Guide, Nature and Forest Therapy Guide former Park Ranger. She has over 30 years experience working with children and communities to bring learning alive through unique outdoor sensory experiences. She employs experienced staff from education and outdoor backgrounds who provide a safe and respectful child-led program.



Nature.  
Be in It.