

NEWS from the HEART...

Immaculate Heart of Mary Catholic School

10 McCann Crescent, Lenah Valley

15 November 2023



"We will remember them..."

In Flanders Fields

By Lieutenant Colonel John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks still bravely singing, fly
Scarce heard amid the guns below.

We are the dead; short days ago,
We lived, felt dawn, saw sunset glow,
Loved and were loved; and now we lie
In Flanders fields!

Take up our quarrel with the foe
To you, from failing hands, we throw
The torch; be yours to hold it high
If ye break faith with us who die,
We shall not sleep, though poppies grow
In Flanders fields.



It's hard to believe that we are here at the halfway point of Term 4. Over final weeks of the year, we have much work left to do and much to celebrate. This week, our 2024 Kindergarten cohort completed their final pre-kinder session and over the coming weeks our Grade 6 students will take time to enjoy the last days of primary school. Happy Days!

We are in the process of finalising staffing for 2024 and aim to be in a position to communicate teaching arrangements to families in our next newsletter. Our Grade 6 students transitioning to a Catholic College next year will be attending Step-Up Days on Monday 27th November at their respective new schools. Step-Up Day for students at Immaculate heart will be on Thursday, 7 December. This is an important time for our students to spend time developing relationships with their 2024 class teacher/s in readiness for the year to come.

Art from the Heart

Next week we celebrate Arts Week at Immaculate Heart of Mary. Beyond the benefits of cognitive development and building attitudes and dispositions for learning, the arts matter because they bring meaning to our lives. We look forward to welcoming members of our community to share the gifts and talents of our students next week with Art from the Heart.

Caritas Australia Just Leadership: Inspire not to have more, but to be more (Oscar Romero)



By Corrie Miller, Y1 5, 2023

Art from the Heart

Arts Week 20th–23rd November

Visual Art Show	Performing Arts Showcase
Gr. 2/3/4 building Monday - Thursday 3pm-4pm daily	Thursday 23rd 1.45-2.45pm Astro court
Enjoy class artworks and individual works by every child!	Bring a blanket, sit and enjoy an outdoor performance by each class.

Just Leadership days enable students to develop a respect for the poor, and sense of responsibility as a global citizen. Students become more active in social justice activities in and out of school. Last week, Mr Treweek and a team of Grade 5 students attended the Caritas Just Leadership day at St Cuthbert's Catholic School. Working with peers from other Catholic schools, our students developed a greater understanding of the amount of poverty in the world and learned the importance of creating a plan to assist others through Caritas, Vinnies, and Catholic Mission. Many thanks to Kidus, Atsedey, Autumn, Chelsea, Thomas, Jacob, Samuel and Charlie for embracing this leadership opportunity. We are all looking forward to watching the steps that will be made in 2024 by the future leaders of the school.

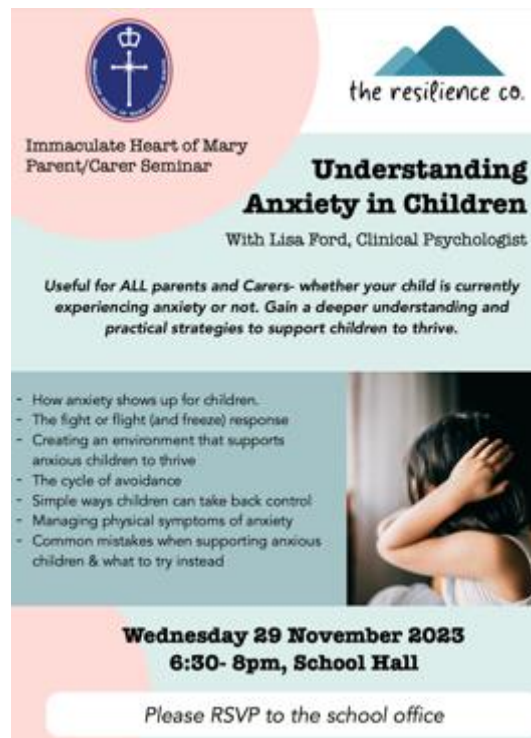


Understanding Anxiety in Children - Parent Workshop

Today we sent home an RSVP for our upcoming Parent/Carer Seminar "Understanding Anxiety in Children" with Lisa Ford, Clinical Psychologist. This is a wonderful opportunity for our school community to gain a deeper understanding of anxiety and practical strategies to support our children to thrive. If possible, I strongly encourage you to make the time and space to come along.

Thank you to the Tasmanian Catholic Parents and Friends Association for making this opportunity happen for our community through the Parent Engagement Grant Scheme. Lisa Ford will also be facilitating student workshops on Wednesday 29th October for our students.

[CLICK HERE TO RSVP: Anxiety Parent/Carer Seminar](#)



Immaculate Heart of Mary
Parent/Carer Seminar

Understanding Anxiety in Children
With Lisa Ford, Clinical Psychologist

Useful for ALL parents and Carers- whether your child is currently experiencing anxiety or not. Gain a deeper understanding and practical strategies to support children to thrive.

- How anxiety shows up for children.
- The fight or flight (and freeze) response
- Creating an environment that supports anxious children to thrive
- The cycle of avoidance
- Simple ways children can take back control
- Managing physical symptoms of anxiety
- Common mistakes when supporting anxious children & what to try instead

Wednesday 29 November 2023
6:30- 8pm, School Hall

Please RSVP to the school office

Tasmanian School Basketball Championships



Last weekend, our Grade 3/4 basketball teams competed in the Southern Tasmanian School Basketball Competition. A massive weekend of action for our players and their families. For many students, this was the first time playing beyond their backyard hoops and the blue court here at school. For others, this was an opportunity to play big games with their classmates. There is something very special about watching our children play a team sport, especially for Immaculate Heart of Mary.



Congratulations to each and every one of you, no wonder you were all exhausted on Monday. Many thanks to our coaches, referees & families for your support our students.



Options

This term at Immaculate Heart our Grades 3 to 6 students have had their first sessions engaging in our 'Options' program. Options is a program where students have agency to choose their own activities, with the sessions aiming to enable experiences that may not occur every day.

This year students chose from selections such as: cooking, bush walking, bush school, coding, chemistry, volleyball, woodwork and visual art. Students worked in groups across Grades 3 to 6, allowing them to connect with like-minded peers whom they may not usually work with.

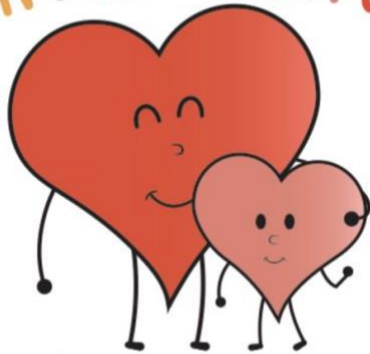
The return of our 'Options' program this year was driven by a student wish for the program to come back and we can see why already!



Nurturing Hearts Birth - 4 Program: Friday 9.00am - 10.30am

Our Nurturing Hearts program offers an encouraging and nurturing environment for parents and carers to actively participate with their children in learning opportunities. Come along and join Mrs Brook and Mrs Wall for Nurturing Hearts on Friday morning. A wonderful opportunity to explore and connect with members of our community.

NURTURING




HEARTS

TERM FOUR

Welcome back for Term Four at Nurturing Hearts!
The focus for this term's learning experiences is **'OPPOSITES'**.

Friday 20th October: Exploring Push and Pull
Friday 27th October: **NO SESSION**
Friday 3rd November: Exploring Large and Small
Friday 10th November: Exploring Fast and Slow
Friday 17th November: Exploring Curved and Straight
Friday 24th November: Gross Motor Play in the Hall
Friday 1st December: Christmas fun! 🎄
Friday 8th December: Optional Park Play at John Kennedy Park (Pedder Street)
We are looking forward to a wonderful final term!



2024 Enrolments



Now accepting enrolments for 2024

Immaculate Heart of Mary Catholic School
Educating lifelong learners in the Josephite tradition since 1961

Situated in the heart of Lenah Valley, Immaculate Heart offers classes from Kindergarten to Grade 6 in an environment where learning and well-being go hand in hand.



To find out more about the education we can offer your child in 2024 and beyond, call into our school office or call 6228 3335

ihms.tas.edu.au – 6228 3335 – 10 McCann Crescent

2023 Term Dates

Term 4: Final day - Thu 14 Dec 2023

The following dates are STUDENT FREE days:
Friday 15 December 2023

Please click here for our school calendar:
[School Calendar](#)

2024 Term Dates

Term 1: Wed 7 Feb - Thu 11 Apr
(incl. Easter: Fri 29 Mar - Tue 2 Apr)
Term 2: Mon 29 Apr - Fri 5 Jul 2024
Term 3: Tue 23 Jul - Fri 27 Sep 2024
Term 4: Tue 15 Oct - Wed 18 Dec 2024

Student Free Days 2024:

Friday 12 April 2024
Monday 22 July 2024
Monday 14 October 2024

Warm regards

Rachel Kelly
Principal

Calendar of Events	
Wed 15 November	Canteen orders due on QKR by 9.00pm
Thu 16 November	Canteen Day
Fri 17 November	Grades 3 & 4 - Class Liturgy
Fri 17 November	Nurturing Hearts 9.00am - 10.30am
Mon 20 - Thu 23 Nov	Arts Week Display 3.00pm - 4.00pm each day
Wed 22 November	Kinder 2024 Parent Information Session 6.00pm - 7.00pm
Wed 22 November	Uniform shop open 2.30pm - 4.00pm
Wed 22 November	Canteen orders due on QKR by 9.00pm
Thu 23 November	Arts Week Performance 1.45pm
Thu 23 November	Canteen Day
Fri 24 November	Nurturing Hearts 9.00am - 10.30am
Mon 27 November	2024 Grade 7 Step-Up Day
Tue 28 November	Grade 5 End of Year Leadership Excursion - Bruny Island
Wed 29 November	Uniform shop open 2.30pm - 4.00pm