



3 April 2024

## *I am the resurrection and the life* *John 11:25*



We trust all our families had the opportunity to experience the joy of being together over the Easter mini break. Whether it be a trip away in the caravan, footy games, walking the overland track, or watching the JackJumpers march all the way, time with family and friends is a blessing indeed.

In our Catholic faith, Easter is a time of new beginnings. Today our students gathered to celebrate the resurrection of Christ on Easter Sunday. From darkness to hope, joy and the promise of new life.

As this is the final newsletter of Term 1, I would like to extend my deepest gratitude to the staff, parents and most especially the incredible students of Immaculate Heart of Mary Catholic School for the many wonderful events and activities and work that has occurred during Term 1. Thursday 11 April is the final day of Term 1. Term 2 recommences on Monday 29th April.

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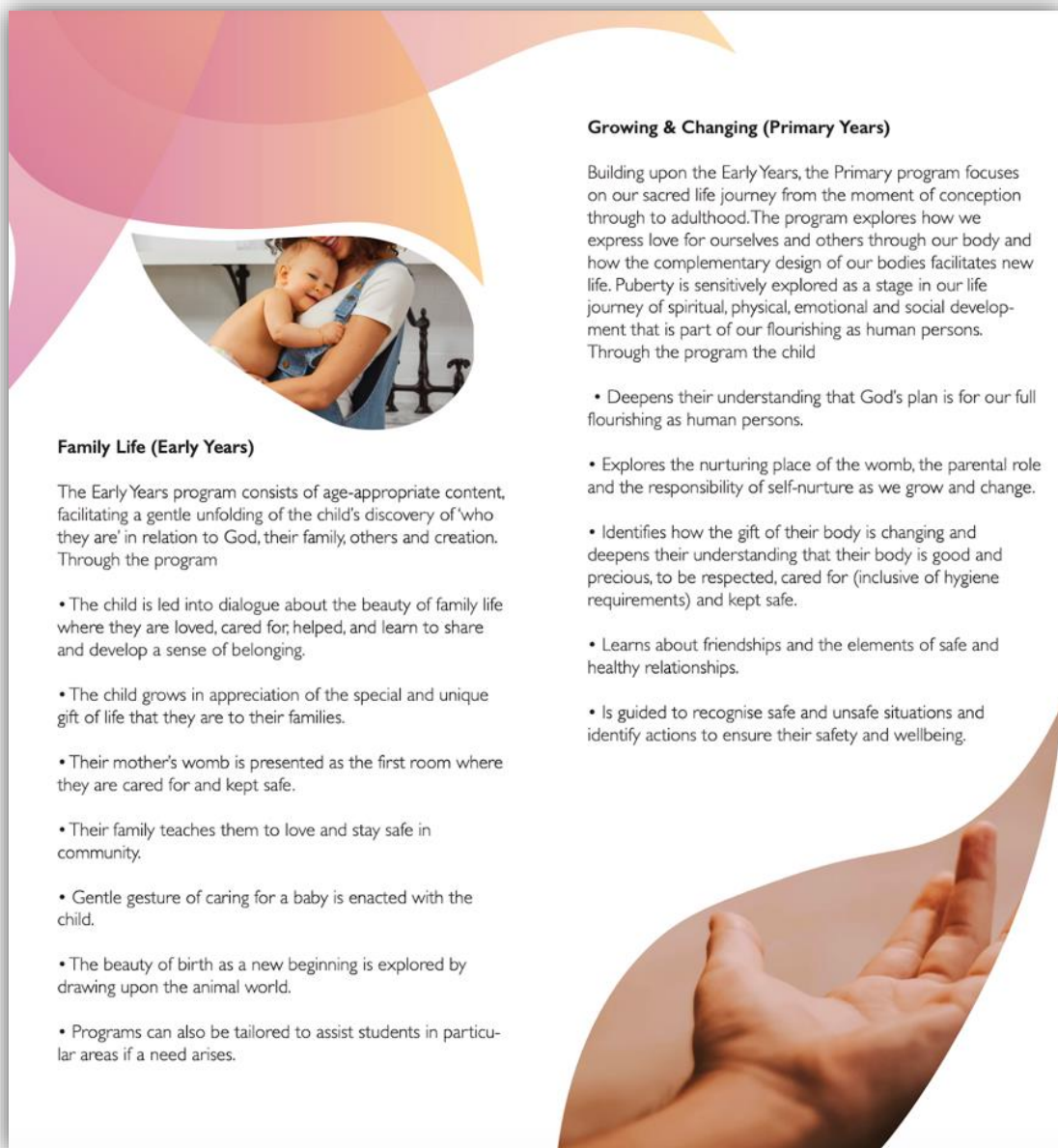
## Circle of Life Program

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Early next term, Kinder to Grade 6 students will be participating in the “Circle of Life Program” facilitated by Mrs Monique Hall. With over 20 years of experience, Monique is an Education Officer with Catholic Education Tasmania. We are incredibly fortunate to have her working with our students and staff. This program is facilitated in all Catholic schools on a 2-year cycle.

The aims of the program include:

- To encourage the development of positive attitudes toward the growth and development of sexuality in children and adolescents;
- To provide accurate and up-to-date information in a sensitive way and within a family context;
- To provide teachers and parents with support in the area of sex education;
- To impart positive information on the growth and development of the individual and the responsibilities inherent in relationships; and
- To facilitate communication within families.



### Family Life (Early Years)

The Early Years program consists of age-appropriate content, facilitating a gentle unfolding of the child's discovery of 'who they are' in relation to God, their family, others and creation. Through the program

- The child is led into dialogue about the beauty of family life where they are loved, cared for, helped, and learn to share and develop a sense of belonging.
- The child grows in appreciation of the special and unique gift of life that they are to their families.
- Their mother's womb is presented as the first room where they are cared for and kept safe.
- Their family teaches them to love and stay safe in community.
- Gentle gesture of caring for a baby is enacted with the child.
- The beauty of birth as a new beginning is explored by drawing upon the animal world.
- Programs can also be tailored to assist students in particular areas if a need arises.

### Growing & Changing (Primary Years)

Building upon the Early Years, the Primary program focuses on our sacred life journey from the moment of conception through to adulthood. The program explores how we express love for ourselves and others through our body and how the complementary design of our bodies facilitates new life. Puberty is sensitively explored as a stage in our life journey of spiritual, physical, emotional and social development that is part of our flourishing as human persons. Through the program the child

- Deepens their understanding that God's plan is for our full flourishing as human persons.
- Explores the nurturing place of the womb, the parental role and the responsibility of self-nurture as we grow and change.
- Identifies how the gift of their body is changing and deepens their understanding that their body is good and precious, to be respected, cared for (inclusive of hygiene requirements) and kept safe.
- Learns about friendships and the elements of safe and healthy relationships.
- Is guided to recognise safe and unsafe situations and identify actions to ensure their safety and wellbeing.



The Lenah Valley ANZAC Day Service will be held on Thursday April 25.

Families are welcome to attend, with students invited to represent Immaculate Heart of Mary Catholic School by wearing their school uniform - Grades 3-6 in formal uniform and Kinder - Grade 2 in PE Uniform.

We will be gathering at the Lenah Valley Primary School Car Park at 8.45am and “marching” to the 9.00am Main Service at the Lenah Valley RSL Cenotaph. Our School Leaders will be laying a wreath on behalf of the school. After the 9.00am service, families are welcome to the free BBQ and children's events in the John Turnbull Park.

More information will be provided on Compass before the end of Term 1.

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### Save the Date: Tuesday 14 May - Lisa Ford - Grit and Resilience

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In 2023, our school community was fortunate to have Lisa Ford (Clinical Psychologist and founder of the resilience co.) facilitate student, staff and parent workshops with a focus on understanding anxiety. Building upon this in 2024, Lisa will be returning next Term with a focus upon 'Grit and Resilience' for empowered kids on **Tuesday 14 May**.

Lisa will focus on how we can support our students in:

- Developing resilience and mental flexibility;
- Developing a growth mindset and harnessing the power of our everyday behaviour;
- Taking ownership and developing self-control; and
- Gratitude and compassion.

This opportunity to connect our community by working together to nurture resilient children, empowered parents and insightful educators has been funded by the Tasmanian Catholic School Parents Association through the 2024 Parent Engagement Grant Scheme. We are incredibly excited to have the opportunity to work and learn with Lisa. Save the date!

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## Teaching Matters - Science of Learning National Summit

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Last week, Mr Simon Treweek, Mr Kieran Gill, Miss Millie Cooke and Miss Lily Adams attended the National Summit hosted by Catholic Education Tasmania.

The conference, tailored for teaching professionals, leaders and educators, showcased innovative pedagogical approaches founded in the Science of Learning. Learning from prominent national and international education experts, a powerful opportunity for key staff to learn from the best. As a school, we are fortunate to be continuing our 'Insight' journey and look forward to sharing new learnings and resources from the conference.

## Staff Spirituality Day

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The last day of Term 1 for students is Thursday 11 April. On 12 April, staff in Tasmanian Catholic Schools will be participating in spirituality days. Our staff will be walking in the footsteps of Saint Mary MacKillop and Father Julian Woods to further understand our mission past, present and future.

## Kindergarten 2025

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Enrolments for Kindergarten 2025 are still open. A reminder to existing families that if your child is due to be in Kindergarten for 2025 you have a guaranteed place, however, an enrolment form must still be completed and returned to the office before the end of this term.

## Smart Watches

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If your child wears a smart watch, this must be on a mode where notifications cannot be received, and games cannot be played throughout the school day or these can be dropped at the office in line with our mobile phone procedures.

## No Toys at School

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We ask all students to not bring toys/games to school. Over the past year, this one has crept in, with it causing a distraction from learning and a few tears over lost items/damaged items.

## Traffic Around McCann Crescent and Edge Avenue

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We kindly request your support in ensuring the safety of our precious students during drop-off and pick-up times. Please be mindful of traffic rules and parking guidelines around the school zone. Your cooperation in adhering to these guidelines is crucial in creating a safe and secure environment for all our students and respecting the residents who live in close proximity to our school.

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### Key Dates (please check for updates!)

-  Mother's Day Breakfast - Tuesday 7 May
-  Cross Country Carnival - Thursday 9 May
-  School Silent Disco - 17 May
-  Father's Day - 27 August
-  Athletics Carnival - Thursday 12 September
-  Grandparent's / Grandfriend's Day - 30 October **\*\* (UPDATED)**

### 2024 Term Dates

- Term 1: Concludes Thu 11 Apr
- Term 2: Mon 29 Apr - Fri 5 Jul 2024
- Term 3: Tue 23 Jul - Fri 27 Sep 2024
- Term 4: Tue 15 Oct - Wed 18 Dec 2024

### Student Free Days 2024

- Friday 12 April 2024
- Monday 22 July 2024
- Monday 14 October 2024

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## Calendar

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Please click here for our school calendar: [School Calendar](#)

Warm regards

Rachel Kelly  
Principal

Calendar of Events	
Wed 3 Apr	Canteen orders due by 9.30pm
Thu 4 Apr	Canteen Day
Fri 5 Apr	STCPSSA Swimming Carnival
Fri 5 Apr	Nurturing Hearts (Birth to 4 years) 9.00am - 10.30am
Wed 10 Apr	Grade 2 Bush School
Wed 10 Apr	Canteen orders due by 9.30pm
Wed 10 Apr	Uniform Shop open 2.30pm - 4.00pm
Thu 11 Apr	Canteen Day
<b>Fri 12 Apr</b>	<b>STUDENT FREE DAY (NO SCHOOL)</b>
<b>Fri 12 Apr</b>	<b>STAFF SPIRITUALITY DAY</b>
Mon 29 Apr	First Day Term 2
Mon 29 Apr - Fri 2 May	Circle of Life Program

# OHA Junior Hockey



**we'd love you  
to be part of our  
family-oriented club!**

- What?** Junior Hockey with OHA for Grades 5, 6, 7 & 8 boys and girls
- Why?** Make new friends, fun team sport, learn a new skill!
- Where?** Same place every week - Tasmanian Hockey Centre, New Town
- When?** Friday nights for 1.5 hours total  
Games start between 5 & 8pm  
from 8 April

**Contact: Jane Sargent (Immaculate Heart School Office)**

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# Now accepting Enrolments for **KINDERGARTEN 2025**

IF YOUR CHILD WAS BORN IN 2020, WE WOULD LOVE TO WELCOME THEM INTO OUR KINDERGARTEN IN 2025.

To find out more, please visit our website  
[www.ihms.tas.edu.au](http://www.ihms.tas.edu.au)  
or our School Office for an Enrolment Pack,  
or call 6228 3335 to arrange a guided tour.

Applications close May 2024



Current Immaculate Heart Families, with a child born in 2020, are reminded to submit an Enrolment Form to secure a Kindergarten place in 2025.

# Nature Holiday Program



April Holidays 16, 17, 18, 22, 23, 24

Autumn is a magical time to be out in nature - things are colourful, fungus appear and nature is slowing down preparing for winter.

For children aged 5 to 11.

*We provide:*

- Whittling
- Nature Explorations
- Tree climbing
- Mud & water play
- Bush Craft
- Using real tools
- Story time
- Cubby building
- Fire by friction
- Hot Chocolate



**When:** April 16,17,18 and 22, 23, 24| 9am to 3pm Daily | Drop Off

**Where:** The Lea Scout Camp, between Hobart and Kingston

**Ratios:** Max. 1 educator to 15 children (often smaller)

**Cost:** \$110 inc. gst (discounts for siblings & 3 bookings on any days)



With Kara Spence, Australia's leading specialist in curriculum based nature pedagogy and play and her wonderful Nature.Be in it. team

Bookings essential:  
[www.naturebeinit.com/booking](http://www.naturebeinit.com/booking)

[kara@naturebeinit.com](mailto:kara@naturebeinit.com)

Nature.  
Be in It.

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