

NEWS from the HEART...

Immaculate Heart of Mary Catholic School
10 McCann Crescent, Lenah Valley

15 May 2024



'You are far more precious than jewels'

Proverbs 31:10



A Mother's Day Prayer

Lord we pray for all
MOTHERS
Beautiful and wonderful
they fill the earth
Gracious in Your call they
carry life
In a bond of love they bring
forth a child.



We ask You to bless all
MOTHERS today
May they feel the joys of motherhood
everyday
In all their struggles giving us a livelihood
May Your **LOVE** and **COMPASSION**
be with them for good.

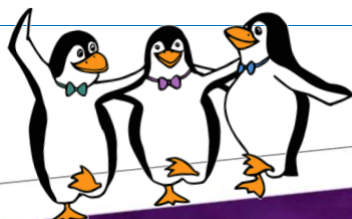
May every **MOTHER** feel today
The pride and beauty of a family they bear
Through all pain and sorrow Lord
deliver them
In Your **STRENGTH** and **GRACE**
may they always stay.
AMEN!

We hope all our mothers, grandmothers and special women in our lives were surrounded with love and affection on Sunday. Last Tuesday, we were blessed to have so many of you join us on a perfect autumn day for breakfast.

Cross Country

Congratulations to all Kinder - Grade 6 students who participated in our Cross Country Carnival. It was all systems go last Thursday despite the soggy conditions - not a single complaint from any of our students! Many thanks to Mr Clark for his preparation and organisation of the event, and the support of staff to ensure it ran smoothly.

Silent Disco



Technology Online

Cyber Safety and boundaries around Technology Usage

Teaching students to be **safe**, **respectful** and **responsible** online goes hand in hand with learning. We encourage a working partnership between parents and school to ensure students are safe and treat others with the same respect as they would offline. At our end, IT Student User Agreements and an explicit teaching focus are in place to support students to do the right thing and stay safe.

A few concerns have been raised with me regarding some apps students have on their own devices which are restricted to 13+ years and the pressure on some of our students to join in games online from their friends. For example, TikTok has videos that may contain explicit language and sexual imagery which are not appropriate for your child to view. Games such as Fortnite have a 13+ age rating, due to its violent action and open chat.

I encourage all of us to keep on top of what our kids are seeing and doing on their devices, with boundaries in place for use at home.

The "Think You Know" website is run by the Australian Federal Police and includes information for children and parents. It can be followed on Facebook as a short, but informative way to keep aware of Cyber Safety issues. Further details can be found at: www.thinkuknow.org.au

Alternatively, further parent information can be found at The Office of Children's eSafety Commissioner <https://www.esafety.gov.au/parents>

Lisa Ford - Grit & Resilience

Over the last two days, we have been fortunate to have Lisa Ford work with our staff, students and parents with a focus on grit and resilience. Lisa's focus for student workshops was "You Can Do Tricky Things" and the positive approaches of setting goals and working towards these, overcoming setbacks and learning from mistakes.

Many thanks to those able to attend our Parent Information Evening last night. This opportunity to connect our community by working together to nurture resilient children, empowered parents and insightful educators has been funded by the Tasmanian Catholic School Parents Association through the 2024 Parent Engagement Grant Scheme.

School Lockdown and Emergency Evacuation

As part of our WHS procedures and guidelines, will be practising a School Lockdown (whereby we restrict movement outside of buildings) and Emergency Evacuation procedures this Term. Considerable time is spent preparing our students for these procedures. Our practices ensure that if ever required, our staff and students are well prepared.

Vinnies Winter Appeal

Our Junior Joey's outreach initiative for Term 2 is to collect long life food items for the St Vincent de Paul Winter Appeal.

From now until the end of Term 2 we invite all students to bring in donations of long life food items. Examples of appropriate long life food can be found on the poster.

Members of the Junior Joeys will collect food items from classes each morning.

Thank you in advance for your support.

Junior Joeys 2024



food donations



St Vincent de Paul Society
TASMANIA
good works



Shopping List.

The next time you go shopping, please could you purchase a few extra items from Vinnies' Shopping List? A few extra items in your shopping trolley will go a long way to help alleviate hunger and assist a family or person in need.

BEVERAGES

- ✓ Coffee
- ✓ Long Life Milk
- ✓ Tea

PANTRY ITEMS

- ✓ Biscuits - savoury & sweet
- ✓ Cereals
- ✓ Pasta
- ✓ Pasta Sauces
- ✓ Porridge
- ✓ Rice
- ✓ Spreads: vegemite, jams, honey, etc
- ✓ Sugar

QUICK & EASY MEALS

- ✓ Cup of Soups
- ✓ Instant noodles, rice, pasta
- ✓ Packaged meals (non-perishable)

SNACKS

- ✓ Dried fruit
- ✓ Energy bars
- ✓ Muesli bars
- ✓ Nuts
- ✓ Shapes biscuits

TINNED GOODS

- ✓ Baked beans
- ✓ Fruit - all types
- ✓ Soups - all types
- ✓ Spaghetti
- ✓ Tuna
- ✓ Vegetables - all types



Thank you

Advisory School Board

We are seeking several new members of our school community to join our Advisory School Board. The School Board works collaboratively in a supportive role with the Principal. Board members are appointed for a three-year term and may be reappointed for a subsequent three-year term.

Board members:

- possess an enthusiasm for and willingness to promote the mission of Catholic schools;
- bring to the Advisory Board their gifts and skills;
- have the desire to give service to their school community;
- are prepared to undertake induction and formation;
- have sufficient time to devote to Board duties (meeting held monthly during the school year, usually early evening for approximately 60 minutes).

Potential members must:

- have the ability to work cooperatively and constructively with all members of the Board;
- have an ability and desire to uphold confidentiality in Board matters; and
- be willing to be screened as a volunteer under the Child Protection Protocols.

If Board membership is something you would like to pursue, then nominations should be in writing and signed by the proposer, seconder and nominee and forwarded to the Principal. For nomination forms please contact the school office.

Nurturing Hearts



The poster features the title 'NURTURING HEARTS' in large, colorful, hand-drawn letters. A green banner at the top right reads 'TERM TWO 2024'. Below the title is a cartoon illustration of two smiling hearts with faces and limbs. To the right, a text box contains the following information:

Welcome to Term Two of Nurturing Hearts for 2024!
The focus for this term's learning experiences is
'TRADITIONAL TALES AND CLASSIC STORIES'

Friday 3rd May: Exploring 'The Three Little Pigs'
Friday 10th May: Exploring 'The Gingerbread Man'
Friday 17th May: Exploring 'The Three Billy Goats Gruff'
Friday 24th May: Exploring 'The Very Hungry Caterpillar'
Friday 31st May: Gross Motor Morning in the Hall
Friday 7th June: Exploring 'Sea Country'
Friday 14th June: Exploring 'We're Going on a Bear Hunt'
Friday 21st June: Exploring 'Cinderella'
Friday 28th June: Bush School Excursion to celebrate
International Mud Day
(Friday 5th July: NO SESSION)

A small red heart icon is located at the bottom right of the text box.

Key Dates (please check for updates!)



School Silent Disco - 17 May



Father's Day - 27 August



Athletics Carnival - Thursday 12 September



Grandparent's / Grandfriend's Day - 30 October **** (UPDATED)**

2024 Term Dates

Term 2: Mon 29 Apr - Fri 5 Jul 2024
Term 3: Tue 23 Jul - Fri 27 Sep 2024
Term 4: Tue 15 Oct - Wed 18 Dec 2024

Student Free Days 2024

Monday 22 July 2024
Monday 14 October 2024

Calendar

Please click here for our school calendar: [School Calendar](#)

Warm regards

Rachel Kelly
Principal

Calendar of Events	
Wed 15 May	Canteen orders due by 9.30pm
Thu 16 May	Canteen Day
Fri 17 May	Silent Disco (K-G2) 4.30 - 5.30pm (G3-G6) 5.45 - 6.45pm
Fri 17 May	Nurturing Hearts (Birth to 4 years) 9.00am - 10.30am
Tue 21 May	Grade 2 - Museum Excursion
Wed 22 May	Assembly 1.45pm
Wed 22 May	Grade 2 - Bush School
Wed 22 May	Kinder - Bush School
Wed 22 May	Uniform Shop open 2.30pm - 4.00pm
Wed 22 May	Canteen orders due by 9.30pm
Thu 23 May	Canteen Day
Fri 24 May	Nurturing Hearts (Birth to 4 years) 9.00am - 10.30am
Wed 29 May	Uniform Shop open 2.30pm - 4.00pm
